



## DIPLOMA IN INTERNATIONAL HEALTH

International health is a field focusing on public health across regional or national boundaries. It seeks to (a) understand health problems in a global context; (b) compare factors that affect the health of people in resource-poor and transitional economies around the world; and (c) develop means of disease reduction and health protection and promotion for these population. Prospective students:

Medical and other professionals working in the field of health and development like nursing, dentistry, veterinary medicine, allied medical professions, social work and related fields.

Intended for both entering and mid-career health professionals who are looking for graduate-level education and training that will prepare them for supervisory work in government health departments, local and international non-government organizations engaged in health and development work.

It is particularly relevant to those who would like to pursue an academic career in international health.

Students with international and cross-cultural interests may apply their knowledge in an appropriate area of international health studies, while also developing a particular area of expertise.

### PROGRAM GOALS

The program aims to develop international health professionals who are able to:

- Design health programs that address significant global health problems and issues (e.g. pandemics, industrial accidents, disasters, health effects of environmental change) that are informed by a critical understanding of the global political, economic, environmental, and cultural systems and how these relate to health and development.
- Implement services that work in a global context for health promotion and development in accordance with international and local policies, directions, and ethical standards.

- Evaluate health development programs and strategies across different settings, both local policies, directions, and ethical standards.
- Engage in effective collaboration with important international organizations as well as non government organizations for the improvement of health, taking into account the interplay of political, economic, environmental, and cultural factors in different development settings especially in middle- and low-resource countries.
- Contribute to the continuously evolving discipline of international health through research generation.

### ADMISSION REQUIREMENTS

Applicants must submit:

- An official transcript of records;
- A certified true copy of the college diploma;
- An updated curriculum vitae;
- A certificate of training or employment describing the nature of the applicant's work.

Professionals who wish to enroll in the Diploma on International Health must be:

- graduates of approved medical schools or graduates with professional training in nursing, dentistry, veterinary medicine, allied medical professions, social work and related fields, with at least a baccalaureate degree in science;
- have at least one (1) year experience or previous training in the field of public health as evidenced by a certificate of training or employment describing the nature of the applicant's work; and
- meet other criteria set by the Admissions Committee.

A student who completes the unit requirements for the DIH program may opt to proceed to MIH upon complying with the admission requirements for MIH.

A DIH graduate may opt to graduate with the degree and seek admission into the Master's program within three years of earning the DIH.

## MODE OF INSTRUCTION

Courses are delivered on a semestral basis using various technologies where appropriate. The virtual classrooms run in MyPortal, the learning management system of the UPOU. This is where class announcements are made, course materials uploaded, discussions held and assignments uploaded.

## COURSES

### Core Courses (12 units)

<b>IH201</b> (3 units)	<b>International Health and Development</b> Introduction to health, social, cultural, and economic development issues
<b>IH202</b> (3 units)	<b>Global Disease Epidemiology and Control</b> Overview of emergence, epidemiology and control of common diseases that have global impact
<b>IH203</b> (3 units)	<b>International Health Laws and Regulations</b> Overview of international health laws and regulations
<b>*IH204</b> (3 units)	<b>Health Research Methods</b> Principles of and methods in the design, ethical implementation, and utilization of health research [Prerequisite IH 202]

\*Courses taken by MIH Students

### Major Courses (12 units)

<b>IH211</b> (3 units)	<b>Health Promotion Theory</b> Introduction to theories, models, and principles of health promotion
<b>IH 212</b> (3 units)	<b>Health Promotion Practice</b> Health promotion practice with regard to priority public health conditions and global health priorities
<b>IH 213</b> (3 units)	<b>Health Promotion for Equity and Sustainable Development</b> Application of health promotion concepts and principles in addressing problems of global health, equity, and sustainable development
<b>*IH214</b> (3 units)	<b>Health Promotion Leadership and Management</b> Principles and styles of leadership, and management skills in health promotion
<b>IH221</b> (3 units)	<b>Health Service Development and Management</b> Overview of frameworks and models for health systems development and management
<b>IH222</b> (3 units)	<b>Healthcare Policy and Governance</b> Analysis of governance and policy frameworks for improving population health
<b>*IH223</b> (3 units)	<b>Human Resource Management in Health</b> Analysis of key issues in health human resource management
<b>IH224</b> (3 units)	<b>Health Financing</b> Development of health financing systems and institutions in resource-poor settings